




S A S H

January 2022



*A white paradise of timeless elegance, SASH brings you bespoke beauty, tailor made luxury and personalized wellness. It is the ultimate destination for relaxation and pampering, created with you in mind. Our facilities are designed to relax, to renew and to re-energise our guests. Every treatment is transformed into a unique and personal occasion, a moment created especially for you – the quintessential luxury SASH experience.*

# *Fitness*

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## MEMBERSHIP

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*Our membership plan is structured to give you more variety and choice, as well as exclusive Sash loyalty rates*

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### *Annual Fitness Membership*

550 BD

- Exclusive, unlimited access to gym facilities
- Inclusive of aerobics classes and special rates on all other fitness services
- *BD50* credit to use across Sash Spa
- A 20% discount on all Sash services and 10% on retail products \*
- A 15% discount at Sash Café
- One Fitness Consultation
- Three Personal Training sessions
- Five Day Fitness Passes
- Two 60-minute Body Massages
- One Sash Escape Full Body Journey (150 min)
- Cryo credit for 2 sessions (up to *BD100*)
- Two specialized Sash Suite packages to enjoy with a friend, each worth *BD70*
- One Crepe Cart Package
- *BD10* voucher from The Paper Truck
- *BD20* vouchers from The Maison Des Fleur
- Inclusive of Joining Fee

\* *Terms & conditions apply*

## MEMBERSHIP

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### *6-Month Fitness Membership*

350 BD

- Exclusive, unlimited access to gym facilities
- *One* Fitness Consultation
- *BD25* credit to use across Sash Spa
- Sash Suite service of choice, value of *BD70*
- *One 60-minute* Body Massage
- Sash Fitness Gym Kit
- No Joining Fee

### *1-Month Fitness Membership*

90 BD

- Exclusive, unlimited access to gym facilities
- No Joining Fee

## FITNESS PASSES

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<i>Day Pass</i>	10 BD
<i>Weekend Pass</i>	15 BD
<i>Single Aerobics &amp; Advanced Class Pass</i>	5 BD
<i>Single Mind &amp; Body Class Pass</i>	7 BD

	MEMBERS	NON-MEMBERS
<b>FITNESS CLASS PASSES (10 classes)*</b>		
<i>Aerobics</i>	Free	40 BD
<i>Advanced</i>	28 BD	40 BD
<i>Mind &amp; Body</i>	45 BD	55 BD
<b>PERSONAL TRAINING</b>		
<i>Personal Training Package (10 sessions)*</i>	180 BD	220 BD
<i>Single Personal Training Session</i>	22 BD	27 BD
<i>Fitness Consultation</i>	15 BD	15 BD

\* Valid for 3 months



*Spa*

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## BODY MASSAGES

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### *Sash-Escape Full Body Signature Journey*

150 mins | 83 BD

A full body treatment, holistically approached, treating the body, mind and spirit. Sash-Escape creates a personalized sense of pure relaxation and relief. Start the journey with a sensory shower, followed by a 30-minute body scrub and a personalized choice of a 60-minute Body Massage. Re-energize your senses with our Spa delights at the Relaxation Lounge before continuing your journey to Sash Beauty, where you can enjoy a Classic Blowdry. End your Sash-Escape at Sash Nails for a luxurious Classic Manicure and Pedicure.

Choice of aromatic oil: *Sensual -Rose, Uplifting - Lemongrass or Soothing-Grape Seed.*

### *Holistic Journey*

60 / 90 mins | 39 / 49 BD

A favorite combination of Balinese & Holistic massage techniques, derived from traditional medicinal systems of the East. A powerful form of healing, involving touch, movement and energy.

## BODY MASSAGES

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### *De-stress Journey*

60 / 90 mins | 39 / 49 BD

Where East meets West: a specially blended combination of Shiatsu and Swedish massage to improve mental and physical well-being.

### *Up-lift Journey*

60 / 90 mins | 39 / 49 BD

Distinctive Abhyanga warm oil therapy applied in conjunction with beautiful Hawaiian Lomi Lomi massage to detoxify and relieve tension in all areas.

### *Bespoke Journey*

60 / 90 mins | 39 / 49 BD

A personalized massage treatment which allows the therapist to use her own therapeutic skills, on two concern areas of the body combining different massage techniques to fulfill and anticipate the guest's needs and requirements.

Choice of aromatic oil: *Sensual -Rose, Uplifting - Lemongrass or Soothing-Grape Seed.*



## BODY MASSAGES

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### *Lava Shell Massage*

60 mins | 42 BD

A muscle soothing massage which encourages the muscles to deeply relax to re-energize the body. This tranquil massage uses the world's first self-heating massage tool, Lava Shells. The heat is produced by inserting a 'lava gel sachet' and 'activator liquid' into the shell. The heated shells give off calcium ions, which transfer to your skin during the massage, leaving you refreshed, relaxed and recharged. Calcium helps to firm and regenerate the skin - a nice bonus!

### *Lymphatic Massage*

90 mins | 49 BD

A therapeutic massage that helps reduce water retention, remove waste and toxins from the body and improve overall skin texture and cellulite. This relaxing treatment uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph fluids around the body, reducing swelling and puffiness. A great boost to any weight loss regimen.

### *Energizing Leg Massage*

30 mins | 27 BD

### *Invigorating Back Massage*

30 mins | 27 BD

### *Relaxing Foot Massage*

30 mins | 27 BD

## BODY SCRUBS

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### *Green tea & Apple Body Refine*

30 mins | 27 BD

A green tea & apple treatment to remove dead skin cells and stimulate rejuvenation leaving skin amazingly smooth, with a firming and energizing effect.

### *Enriching Body Buffer*

30 mins | 27 BD

A “gold scrub” which leaves the body with an extraordinary soft feel. These powerful elements provide nourishing and revitalizing properties. Skin will glow with a silky soft finish.



Omorovicza,  
BUDAPEST

“

*The Omorovicza journey began over 2,000 years ago, when the healing properties of Hungary's thermal waters were discovered and the first thermal baths were built. All Omorovicza products are powered by a potent blend of Hungary's healing waters and our patented Healing Concentrate™ delivery system. This is combined with the finest vitamins, essential oils and other natural ingredients sourced from across the globe, from the bed of Lake Heviz to the peak of the Andes Mountains.*

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## OMOROVICZA BODY THERAPIES

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### *Classic Hungarian Body Wrap*

120 mins | 58 BD

More than an ordinary wrap treatment, this body experience begins with a vigorous yet gentle body detoxifying exfoliation using sea salt, Hungarian moor mud and capsicum peptide. A deep cleansing mud mask is then lathered onto the body. While the mud cleanses and the body is wrapped, the therapist performs a scalp massage to relieve any tension of stress. A stone body massage using a rich blend of essential oils adds a soothing finishing touch.

### *Golden Body Treatment*

90 mins | 49 BD

This treatment showcases the proven anti-inflammatory properties of gold: it helps to heal the micro-damage inflicted daily and to revitalize the skin. This treatment involves an invigorating exfoliation with a golden sugar scrub and a soothing massage with a fragrant oil enriched with gold particles. Guaranteed to leave the body soothed, hydrated and radiant.

### *Dimple Dissolve*

90 mins | 49 BD

This cellulite-busting treatment begins with brushing the body followed by detoxifying exfoliation using sea salt and mineral-rich Hungarian thermal mud. The Dimple vanisher is then massaged into freshly brushed and buffed skin. The focus is a light lymphatic drainage. The body's micro-circulation is accelerated and the appearance of dimples is reduced.

## OMOROVICZA FACIALS

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### *Illuminating Facial*

60 mins | 44 BD

Designed to leave complexion rejuvenated and glowing, this facial begins with a gentle peeling, enriched with copper for an anti-oxidant collagen stimulating boost. A unique facial massage soothes the senses and accelerates micro-circulation whilst an essence rose and peony mask plumps the epidermis to reduce the appearance of fine line and wrinkles. Attention is also paid to all-too-often neglected hands!

### *Deep Cleansing & Pore Refining Facial*

60 mins | 49 BD

Best for detoxifying and purifying. Clear, balance and refresh oily, congested and combination skin with our detoxifying Hungarian Moor Mud facial.

### *Gold Hydralifting with Harmonizing Rose Quarts Massage*

90 mins | 55 BD

This repairing and hydrating treatment starts with a double application of Hungarian Moor mud; to cleanse, exfoliate and peel. A rose scented gold mask then deploys hyaluronic acid in three different forms to plump and nourish the skin while bio-available gold repairs micro-damage to strengthen the skin. A sprinkling of gold shimmer oil adds a subtle sparkle to arms and décolleté.

## OMOROVICZA FACIALS

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### *Blue Diamond Facial*

90 mins | 60 BD

This firming and brightening facial with cell repair effect will revitalise dull, lacklustre skin. Best for anti-ageing. This firming and brightening treatment help revitalize dull, lacklustre skin. Diamond peptides prolong the life of healthy skin cells, restore skin fitness essential to the youthful behavior of skin cells and help repair for a stronger, healthier more vibrant complexion. The traditional Hungarian facial massage will accelerate the oxygenation of the skin to re-energize and lift.

### FACIAL ADD-ON

### *Eye Dermaglobe Treatment*

15 mins | 22 BD

In this 15-minute eye-treatment, arnica and vitamin K are used to remove puffiness and dark circles and a gentle massage using cooling dermaglobes soothes and relaxes the eye contour for brighter refreshed eyes.

### *Firming Neck & Décolleté Treatment*

60 mins | 44 BD

This neck and décolleté hydrates, lifts and firms instantly for a smooth and tight neck and décolleté. White truffle enzymes repair the skin and improve elasticity. Ancient Hungarian techniques, will awake all the muscles in the neck and décolleté for a stronger lifting effect.

## HYDRAFACIAL

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*Skin Health For Life is our philosophy of not just improving the appearance of skin, but actually restoring youthful, healthy skin. Skin Health is a lifestyle, requiring monthly HydraFacial treatments and a daily commitment.*



### *Signature HydraFacial*

45 mins | 50 BD

A monthly medical facial treatment that combines cleansing, exfoliating, extracting and hydrating while delivering rich anti-oxidants and other essential nutrients. It offers instant results with no downtime.

### *Advanced HydraFacial*

60 mins | 60 BD

Building on our signature treatment, the DermaBuilder serum smoothens the appearance of fine lines and enhance skin elasticity. In addition, the Glysal Acid Peel (7.5 % or 15 %) clarifies and deeply cleanses the skin before infusion of nutrients.

## *Packages*

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<i>Sash Body Massage Package</i>	140 BD
<i>Omorovicza Body Therapy Package</i>	200 BD
<i>Omorovicza Facial Package</i>	180 BD
<i>Signature HydraFacial Package</i>	200 BD
<i>Advanced HydraFacial Package</i>	240 BD

*\* 5 sessions per package*



## WAXING & THREADING

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<i>Full Body Wax</i>	90 mins   49 BD
<i>Full Leg Wax</i>	45 mins   12 BD
<i>Half Leg Wax</i>	30 mins   6 BD
<i>Full Arm Wax</i>	30 mins   12 BD
<i>Half Arm Wax</i>	15 mins   6 BD
<i>Underarm Wax</i>	15 mins   4 BD
<i>Tummy Wax</i>	15 mins   6 BD
<i>Bikini Wax</i>	15 mins   6 BD
<i>Brazilian Wax</i>	30 mins   17 BD
<i>Back Wax</i>	15 mins   6 BD

## WAXING & THREADING

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*Eyebrow Shaping Wax*

30 mins | 4 BD

*Upper Lip Wax*

15 mins | 2 BD

*Upper Lip Threading*

15 mins | 3 BD

*Eyebrow Threading*

15 mins | 5 BD

*Face Threading*

30 mins | 12 BD

# *Nails*

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## LUXURIOUS HAND TREATMENTS

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### *Sash Signature Manicure*

45 mins | 13 BD

An exceptional manicure with our signature finishes. Starting with a hot towel treatment and a heavenly scrub blend, a classic manicure is then finished with a supple hand masque.

### *Classic Manicure*

30 mins | 10 BD

A relaxing treatment that leaves hands feeling silky smooth. Nails are cut and shaped, cuticles are soaked and tidied, finished with a perfect polish application and a moisturizing hand massage.

### *Everlasting Manicure*

60 mins | 15 BD

Ultra glossy, chip-resistant flawless nails for up to two weeks. The Essie gel manicure helps strengthen nails and encourages healthy nail growth. Service includes a signature manicure and a moisturizing hand massage.

## LUXURIOUS HAND TREATMENTS

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### *Gel Couture Manicure*

30 mins | 12 BD

A relaxing treatment that leaves hands feeling silky smooth. Nails are cut and shaped, cuticles are soaked and tidied, finished with a perfect gel couture polish application that lasts up to seven days.

### *French Manicure*

60 mins | 12 BD

Classic French manicure for natural healthy looking nails.

### *Dry Manicure*

30 mins | 12 BD

A breakthrough innovation in nail treatments, consisting of the use of disposable nail kits. The process eliminates the use of water and cream, guaranteeing a safer and faster procedure. The kits contain emulsions that quickly soften cuticles and moisturize the skin.

### *Soft Gel Manicure*

90 mins | 26 BD

The fastest and most professional nail enhancement. Break resistant strength, and last up to 3 weeks. With a flexi fit that contours to the nails perfectly for a seamless look.

### *Express-bar Polish Application*

15 mins | 5 BD

Perfect for when you're on the go. Nails are shaped, filed and buffed to perfection, and the nail polish of your choice is meticulously applied.

## HAND TREATMENTS ADD-ON

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### *On-Trend Nail Art*

1 - 3 BD / nail

Consult with our nail expert to create a nail-art look inspired by the latest trends.

### *Parrafin Touch*

15 mins | 12 BD

A warm Parrafin treatment aiding the penetration of applied moisturizers into the skin for deep hydration, nourishment and easing tension in the joints and muscles.

### *Gel Polish Removal*

15 mins | 3 BD

### *Nail Polish Removal*

10 mins | 1 BD

### *Soft Gel Nail Repair*

15 mins | 3 BD

### *Soft Gel Nail Removal*

30 mins | 5 BD

### *Mini Hand Massage*

10 mins | 3 BD

## LUXURIOUS FOOT TREATMENTS

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### *Sash Signature Pedicure*

45 mins | 13 BD

An exceptional pedicure with our signature finishes. Starting with an exfoliating foot polish, a classic pedicure is then finished with a hydrating foot masque.

### *Classic Pedicure*

30 mins | 10 BD

A relaxing treatment that leaves feet feeling silky smooth. Includes intensive moisturizing therapy, full cuticle therapy and perfect polish application.

### *Everlasting Pedicure*

60 mins | 15 BD

Ultra glossy, chip-resistant flawless nails for up to two weeks. The Essie gel pedicure helps strengthen nails and encourages healthy nail growth. Service includes a signature pedicure and a moisturizing foot massage.

### *French Pedicure*

60 mins | 12 BD

Classic French pedicure for natural healthy looking nails.

## LUXURIOUS FOOT TREATMENTS

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A breakthrough innovation in nail treatments, consisting of the use of disposable nail kits. The process eliminates the use of water and cream, guaranteeing a safer and faster procedure. The kits contains emulsions that quickly soften cuticles and moisturize the skin.

### *Gel Couture Pedicure*

30 mins | 12 BD

A relaxing treatment that leaves feet feeling silky smooth. Includes intensive moisturizing therapy, full cuticle therapy and perfect gel couture polish application that lasts up to seven days.

### *Express Polish Application*

15 mins | 5 BD

Perfect for when you're on the go. Nails are shaped, filed and buffed to perfection, and the nail polish of your choice is meticulously applied.

## FOOT TREATMENTS ADD-ON

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### *On-Trend Nail Art*

1 - 3 BD / nail

Consult with our nail expert to create a nail-art look inspired by the latest trends.

### *Parrafin Touch*

15 mins | 12 BD

A warm Parrafin treatment aiding the penetration of applied moisturizers into the skin for deep hydration, nourishment and easing tension in the joints and muscles.

### *In-grown Nail Treatment*

15 mins | 4 BD

### *Gel Polish Removal*

15 mins | 3 BD

### *Nail Polish Removal*

10 mins | 1 BD

### *Mini Foot Massage*

10 mins | 3 BD

### *Foot Scrub*

10 mins | 2 BD



# Beauty

## CUT & STYLING

*Classic Blow-dry*

Assistant / Stylist | 12 / 14 BD

*Wavy Hair*

Assistant / Stylist | 17 / 22 BD

*Full Hair Up-do*

Assistant / Stylist | 27 / 44 BD

*Half Hair Up-do*

Assistant / Stylist | 22 / 34 BD

*Hair Cut*

22 BD

*Trim*

17 BD

*Fringe Trim*

8 BD

*Bridal Hair*

220 BD

*Hair Extensions*

*Price Upon Consultation*

## COLORING TREATMENTS

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<i>Roots Color</i>	34 BD
<i>Full Color</i>	short / medium / long   44 / 49 / 56 BD
<i>Color Touch Up</i>	17 BD
<i>High/Low Light Full</i>	short / medium / long   34 / 39 / 44 BD
<i>High/Low Light Half</i>	22 BD
<i>Semi-permanent Color/Toner</i>	27 BD
<i>Dip Dye/Ombre/Sombre</i>	short / medium / long   34 / 39 / 44 BD

## HAIR CARE

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### *Sash Recharge Treatment*

contour / short / medium / long | 65 / 145 / 165 / 220 BD

Recharge is an intensive bio-mimetic based treatment that hydrates, rejuvenates and protects hair against environmental elements, leaving hair smooth and healthy.

### *Olaplex Treatment*

60 mins | 27 BD

Olaplex is a process that include a patented active ingredient that works on a molecular level to seek out broken bands in the hair caused by chemicals, heat and mechanical damage. This treatment rebuilds the strength, structure and integrity of your hair.

### *Olaplex Add-On*

30 mins | 17 BD

### *Hair Wash*

10 mins | 5 BD

### *Mini Head Massage*

10 mins | 3 BD

## HAIR CARE BY PHILIP KINGSLEY

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“*Transform your dull hair into lustrous glossy locks by booking one of our luxurious Philip Kingsley hair treatments before your styling service. Our team of professional hair stylists will identify your hair type, and prescribe the treatment that will work best with your individual needs to re-nutrify, smoothen, boost and enhance your tresses; regardless of the prior condition.*”

*Deep Conditioning Treatment*

45 mins | 27 BD

*Intensive Dry Scalp Treatment*

45 mins | 27 BD

*Hair Loss Treatment*

45 mins | 27 BD

## HAIR CARE BY KEVIN MURPHY

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“ *From the very start I wanted to create a range that would take hair trends in new directions. Each year we celebrate this innovation with a collection that brings it all together. Everything is driven by my desire to give you the products and tools needed to create those special moments yourself.* - Kevin Murphy ”

### *Treat.Me Moisture*

45 mins | 25 BD

A treatment that weightlessly moisturize and soften dry hair with shea butter, Kakadu plum and orchid.

### *Treat.Me Strength*

45 mins | 25 BD

A treatment that delivers volume, fullness and body to fine limp hair with the infusion of mango, cocoa butter, green tea and lavender rosehip extracts.

### *Treat.Me Anti-Aging*

45 mins | 25 BD

A nourishing treatment that can restore youthful lustre and softness to dry and brittle or ageing hair with the help of baobab, immortelle, lotus flower and orchid extracts, plus 20 amino acids.

## HAIR CARE BY KEVIN MURPHY

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### *Treat.Me Densifying & Strengthening*

45 mins | 25 BD

A treatment that strengthens and densify fine, thin hair with a fusion of ginger root, nettle extracts and advanced eyelash technology.

### *Angel.Me KMX*

20 mins | 14 BD

An express treat.me strength treatment. A repairing and thickening conditioning treatment for fine, dry or colored hair.

### *Hydrate.Me KMX*

20 mins | 14 BD

An express treat.me moisture treatment. A repairing and smoothing masque infused with Rose Hip and Evening Primrose Oil.

### *Repair.Me KMX*

20 mins | 14 BD

An express repair.me hair treatment that helps rebuild the hairs elasticity's strength and puts back moisture.

## HAIR CARE BY KEVIN MURPHY

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### *Anti-Ageing KMX*

20 mins | 14 BD

An express anti-ageing treatment that can restore youthful lustre and softness to dry and brittle or ageing hair with the help of baobab, immortelle, lotus flower and orchid extracts, plus 20 amino acids.

### *Scalp.Spa KMX*

20 mins | 14 BD

An express scalp spa treatment. Helps beautify, purify and detoxify your scalp. The SCALP.SPA regimen treats your hair and scalp as gently as you would your skin. This unique treatment is designed to gently scrub away impurities from the scalp and hair follicle to provide the foundation for optimal scalp health and hair growth.

### *Dry KMX*

20 mins | 14 BD

An express hair treatment that works on the hair & scalp. Detoxifying, strengthening and improving the quality of the hair.

### *Luxury KMX*

45 mins | 19 BD

Personalized treatment that treats your scalp and will make your hair supple and smoother. The treatment includes a mini shoulder and head massage for a more relaxing experience.

## ORGANIC TREATMENTS

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### *Ultimate Radiance Hair Mask*

30 mins | 12 BD

A mixture of pure organic ingredients with strawberry, almond oil and vitamin E. This treatment clears away built up oil on the scalp, the vitamin E nourishes the hair and bring gloss and shine to coloured hair.

### *Scalp Stimulating Hair Mask*

30 mins | 12 BD

A mixture of pure organic ingredients of aloe vera & coconut oil. This treatment helps to relief dandruff, itchy and flaky scalp. It moisturises hair and stimulate hair growth. It is also anti-bacterial and anti-fungal

### *Hydrating Brilliance Hair Mask*

30 mins | 12 BD

A mixture of pure organic ingredients of avocado, honey and Argan Oil. This treatment hydrates dry hair, protect it from heat and chemicals, prevent split ends and anti frizz for smooth looking hair.

### *Cool Cucumber Hair Mask*

30 mins | 12 BD

A mixture of pure organic ingredients including cucumber and glycerine perfect for a natural treatment for summer hair.



## HOT OIL TREATMENTS

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### *Protect & Prevent*

30 mins | 8 BD

A mixture of pure organic almond and Argan oil, rich in protein and vitamin E. This treatment nourishes and moisturizes the hair, stimulating hair growth.

### *Long & Luscious*

30 mins | 8 BD

A mixture of pure organic coconut and Argan oil, rich in nutrients and vitamin E. This treatment promotes a healthy scalp to prevent hair loss, and nourishes dry hair to add softness and shine.

### *Silky & Sleek*

30 mins | 8 BD

A mixture of pure organic olive and Argan oil, rich in vitamins and antioxidants. This treatment hydrates dry hair, leaving it smooth and glossy.

## *Packages*

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<i>Philip Kingsley Package</i>	100 BD
<i>Kevin Murphy Package</i>	95 BD
<i>Organic Treatment Package</i>	45 BD
<i>Hot Oil treatment Package</i>	30 BD

*\* 5 sessions per package*

## MAKE-UP

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### *Classic Makeup*

30 mins | 45 BD

A modern take on classic makeup for a clean, flawless complexion including eyes & lips, with your choice of color palette preference.

### *Special Events Makeup*

60 mins | 65 BD

### *Eye Makeup*

30 mins | 30 BD

### *Eyelashes*

15 mins | 12 BD

### *Bridal Makeup*

90 mins | 160 BD

A beauty enhancing makeup experience that utilizes highly professional products for a picture perfect, timeless radiance.

## OUT-SERVICE

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<i>Hair Styling</i>	130 BD
<i>Hair Color</i>	200 BD
<i>Sash Recharge Treatment</i>	330 BD
<i>Special Event Hair Styling</i>	220 BD
<i>Bridal Hair Styling</i>	440 BD
<i>Bridal Hair Styling (International Appointment)</i>	<i>Price Upon Consultation</i>

## OUT-SERVICE

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<i>Classic Makeup</i>	145 BD
<i>Eyelashes</i>	12 BD
<i>Special Event Makeup</i>	220 BD
<i>Bridal Makeup</i>	380 BD
<i>Bridal Makeup (International Appointment)</i>	<i>Price Upon Consultation</i>

## *Sash Suite*

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*The SASH Suite offers tranquility in a more exclusive setting designed for a bespoke experience. Consisting of private Nail and Beauty booths, the suite is ideal for group bookings, special occasions or even for personal pampering.*

*Full Suite booking rate is available upon inquiry.*

## LUXURIOUS MANICURE BY HERMES

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### *Luxury Signature Manicure*

55 mins | 20 BD

This luxurious manicure service includes exfoliating the skin, cleaning and cutting the cuticles, a moisturising hand mask followed by a 10 min relaxing hand massage and a nail polish application with 18 exclusive Hermes colors to choose from.

### *Luxury Signature Pedicure*

55 mins | 20 BD

This luxurious pedicure service includes exfoliating the skin, cleaning and cutting the cuticles, a moisturising foot mask followed by a 10 min relaxing foot massage and a nail polish application with 18 exclusive Hermes colors to choose from.

## NAILS

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<i>Signature Manicure</i>	15 BD
<i>Signature Pedicure</i>	15 BD
<i>Signature French Manicure</i>	17 BD
<i>Signature French Pedicure</i>	17 BD
<i>Signature Everlasting Manicure</i>	20 BD
<i>Signature Everlasting Pedicure</i>	20 BD
<i>Soft Gel Manicure</i>	29 BD



## NAIL TREATMENTS ADD-ON

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*On-Trend Nail Art*

1 BD - 3 BD / nail

*Paraffin Touch*

14 BD

*Soft Gel Nail Repair*

4 BD

*Soft Gel Nails Removal*

6 BD

## BEAUTY

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<i>Classic Blow Dry</i>	17 BD
<i>Wavy Hair</i>	27 BD
<i>Half Hair Updo</i>	42 BD
<i>Full Hair Updo</i>	56 BD
<i>Hair Cut</i>	27 BD
<i>Trim</i>	22 BD
<i>Olaplex Treatment</i>	34 BD
<i>Olaplex Add-On</i>	22 BD
<i>Sash Recharge Treatment</i>	220 BD
<i>Bridal Hair</i>	275 BD

## BEAUTY

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### *Hair Care by Philip Kingsley*

Deep Conditioning Treatment	45 mins   34 BD
Intensive Dry Scalp Treatment	45 mins   34 BD
Hair Loss Treatment	45 mins   34 BD

### *Hair Care by Kevin Murphy*

Treat.Me Moisture	30 mins   32 BD
Treat.Me Strength	30 mins   32 BD
Treat.Me Anti-Aging	30 mins   32 BD
Treat.Me Densifying and Strengthening	30 mins   32 BD
Luxury KMX	45 mins   22 BD

## COLORING TREATMENTS

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<i>Roots Color</i>	42 BD
<i>Full Color</i>	70 BD
<i>Color Touch Up</i>	20 BD
<i>High/Low Light Full</i>	55 BD
<i>High/Low Light Half</i>	27 BD
<i>Semi-permanent Color/Toner</i>	34 BD
<i>Dip Dye/Ombre/Sombre</i>	55 BD

## LITTLE SASH

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<i>Little Wavy Hair</i>	7 BD
<i>Little Up-Do</i>	9 BD
<i>Little Wash &amp; Blow</i>	7 BD
<i>Little Wash &amp; Cut</i>	8 BD
<i>Little Wash &amp; Trim</i>	6 BD
<i>Little Wash &amp; Treat</i>	7 BD
<i>Little Blow Dry * no hair wash included</i>	6 BD
<i>Little Nails Manicure</i>	4 BD
<i>Little Nails Pedicure</i>	4 BD

## SPA ETIQUETTE

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### *Prices*

All prices are quoted in Bahraini Dinar and inclusive of 10% applicable Government Tax.

### *Special Concerns*

Your personal wellness is of the utmost importance to us. At the time of reservation, please inform our guides of any medical conditions such as product sensitivity or pregnancy.

### *Reservations*

We recommend that guests book spa appointments in advance to ensure the desired treatment and technician is available. Walk-in appointments and same day reservations are welcome, and are based on availability.

### *Cancellations*

If you are unable to keep your appointment and need to cancel and/or reschedule, kindly notify us 24 hours in advance. No charges will be applied for guests that notify our guides before 24 hours of the appointment. If notified within 6 hours of the appointment, a 100% cancellation fee will be applied.

## SPA ETIQUETTE

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### *Late Arrival*

If you arrive late for an appointment, the spa treatment may be abbreviated if it conflicts with another booking. Full charges may apply, so as not to inconvenience other bookings.

### *Arrival and Check In Procedures*

For all services we request our guests to arrive at least 15 minutes prior to scheduled appointment to enjoy pre-rituals.

### *Age Restrictions*

SASH welcomes guests 16 years and older, unless accompanied by an adult.

### *Extensions*

If you are unable to redeem your packages/gift vouchers within the time period stated, kindly note that no extensions will be granted.





